

International Powerlifting Federation  
2026 IPF World Equipped Bench Press Championships  
Warsaw, Poland - 23-05-2026 to 31-05-2026  
Final Results

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Open - 47kg</b>													
1	ANJA HEISSLER	1993	GER	4	46.34	0.767546	95.0	105.0	115.0	115.0 [1]	12	88.267790	25
2	OKSANA MOTRUNCHYK	1992	UKR	1	46.67	0.762380	105.0	110.0	<del>447.5</del>	110.0 [2]	9	83.861800	28
3	AGNIESZKA ZIMMERMANN	1994	POL	3	45.80	0.776265	90.0	95.0	100.0	100.0 [3]	8	77.626500	35
<b>Open - 52kg</b>													
1	KUMI MIZOGUCHI	1988	JPN	8	51.79	0.695290	135.0	137.5	142.5	142.5 [1]	12	99.078825	13
2	MIYABI KIKUCHI	1998	JPN	5	51.74	0.695845	130.0	135.0	<del>437.5</del>	135.0 [2]	9	93.939075	17
3	TETIANA SHCHAVINSKA	1996	UKR	10	51.91	0.693966	125.0	<del>432.5</del>	132.5	132.5 [3]	8	91.950495	19
4	AMILA DISSANAYAKE	1988	GBR	9	51.46	0.698982	115.0	120.0	125.0	125.0 [4]	7	87.372750	26
5	MARCELA SANDVIK	1974	FIN	7	51.47	0.698869	112.5	<del>447.5</del>	<del>425.0</del>	112.5 [5]	6	78.622763	34
6	SANDRINE QUIGNAUDON	1991	SWE	6	51.42	0.699435	<del>400.0</del>	100.0	105.0	105.0 [6]	5	73.440675	38
<b>Open - 57kg</b>													
1	ELLIE STEEL	1991	GBR	14	56.39	0.650696	147.5	155.0	160.0	160.0 [1]	12	104.111360	5
2	HANNA BUTURLYM	1997	UKR	12	56.29	0.651546	145.0	152.5	157.5	157.5 [2]	9	102.618495	7
3	AKANE ISHIBASHI	1993	JPN	13	55.41	0.659231	137.5	145.0	155.0	155.0 [3]	8	102.180805	8
4	BLANKA BARTONKOVA	1995	CZE	11	56.26	0.651802	145.0	152.5	<del>460.0</del>	152.5 [4]	7	99.399805	12
<b>Open - 63kg</b>													
1	TOMOKO AKAGAWA	1984	JPN	21	59.72	0.624882	155.0	160.0	167.5	167.5 [1]	12	104.667735	4
2	MAJ RAMES	1989	DEN	16	62.34	0.607508	150.0	155.0	<del>462.5</del>	155.0 [2]	9	94.163740	16
3	SONJA RUESS	1998	AUT	18	62.90	0.604083	137.5	<del>445.0</del>	152.5	152.5 [3]	8	92.122658	18
4	ELIN KOLDING	1998	NOR	15	62.69	0.605356	<del>450.0</del>	150.0	<del>455.0</del>	150.0 [4]	7	90.803400	22
5	EMMA TIGERBERG	1992	SWE	20	62.03	0.609446	<del>430.0</del>	130.0	<del>437.5</del>	130.0 [5]	6	79.227980	33
-	MARIA KARJALAINEN	1990	FIN	19	61.04	0.615839	<del>437.5</del>	<del>442.5</del>	<del>442.5</del>	-	-	-	-
-	SOFIE FINKOVA	2000	CZE	17	59.87	0.623823	<del>447.5</del>	<del>447.5</del>	<del>447.5</del>	-	-	-	-
-	DIANA FOXALL	1992	CAN	22	62.57	0.606090	<del>467.5</del>	<del>467.5</del>	<del>467.5</del>	-	-	-	-
<b>Open - 69kg</b>													
1	MARTHE TJELTA	1999	NOR	45	68.65	0.573771	157.5	165.0	172.5	172.5 [1]	12	98.975498	14
2	NAMIKO SAKATA	1988	JPN	42	65.68	0.588398	155.0	162.5	170.0	170.0 [2]	9	100.027660	10
3	KARMEN KALJULA	1994	EST	46	68.55	0.574231	155.0	160.0	<del>465.0</del>	160.0 [3]	8	91.876960	20
4	MAYUMI KITAMURA	1967	JPN	39	63.29	0.601753	142.5	150.0	<del>460.0</del>	150.0 [4]	7	90.262950	23
5	ANNA-EVELIINA PARTANEN	1988	FIN	38	68.48	0.574555	137.5	<del>445.0</del>	147.5	147.5 [5]	6	84.746863	27
6	ELIN MELGAR ADALHEIDARDOTTIR	1992	ISL	41	68.44	0.574740	125.0	132.5	<del>437.5</del>	132.5 [6]	5	76.153050	36


Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
7	KATERYNA PINIONZH	1998	UKR	47	68.68	0.573633	<del>432.5</del>	<del>432.5</del>	132.5	132.5 [7]	4	76.006373	37
8	ROMINA BASTING	1993	GBR	44	68.67	0.573679	105.0	112.5	<del>420.0</del>	112.5 [8]	3	64.538888	43
-	JASMIN LINGNER	2000	GER	43	67.93	0.577135	<del>440.0</del>	<del>440.0</del>	<del>452.5</del>	-	-	-	-
-	NATALIA WOJTOWICZ	2001	POL	40	69.00	0.572175	<del>437.5</del>	<del>437.5</del>	<del>437.5</del>	-	-	-	-
Open - 76kg													
1	AGNES RUDIN	2000	SWE	53	75.95	0.545081	170.0	175.0	<del>485.0</del>	175.0 [1]	12	95.389175	15
2	KIMBERLEY COWELL	1988	GBR	50	75.54	0.546465	<del>457.5</del>	157.5	167.5	167.5 [2]	9	91.532888	21
3	LINDA KRISTENSEN	1977	NOR	51	75.47	0.546704	<del>465.0</del>	<del>465.0</del>	165.0	165.0 [3]	8	90.206160	24
4	RACHEL STEEDMAN	1995	GBR	52	75.66	0.546058	147.5	<del>452.5</del>	<del>452.5</del>	147.5 [4]	7	80.543555	31
5	LYDIA NORTH	1988	CAN	49	74.92	0.548604	145.0	<del>450.0</del>	<del>450.0</del>	145.0 [5]	6	79.547580	32
6	JANA ETZEL	1992	GER	54	75.22	0.547562	130.0	<del>437.5</del>	<del>437.5</del>	130.0 [6]	5	71.183060	39
7	CHLOE LIEBECK	1989	AUS	48	73.73	0.552870	107.5	<del>445.0</del>	115.0	115.0 [7]	4	63.580050	45
Open - 84kg													
1	AIRI SAKAGUCHI	2003	JPN	25	83.07	0.524389	200.0	<del>240.0</del>	<del>229.0</del>	200.0 [1]	12	104.877800	3 <u>W</u>
2	ANKIE TIMMERS	1986	LUX	23	83.39	0.523590	190.0	<del>202.5</del>	<del>202.5</del>	190.0 [2]	9	99.482100	11
3	SOFIA KAMLUND	1990	SWE	30	82.48	0.525889	155.0	<del>460.0</del>	<del>460.0</del>	155.0 [3]	8	81.512795	30
4	DARIA LAWNICZAK	1995	POL	29	76.42	0.543523	<del>452.5</del>	152.5	<del>455.0</del>	152.5 [4]	7	82.887258	29
5	ALONA SAVENKO	1999	UKR	24	83.53	0.523243	<del>430.0</del>	130.0	<del>460.0</del>	130.0 [5]	6	68.021590	40
6	MIRIAM WEBER	1996	GBR	31	83.82	0.522531	115.0	125.0	<del>435.0</del>	125.0 [6]	5	65.316375	42
7	ADA BRANDER	1993	MEX	26	80.01	0.532563	120.0	<del>427.5</del>	<del>427.5</del>	120.0 [7]	4	63.907560	44
8	PETRA TUHACKOVA	1992	CZE	28	80.67	0.530715	90.0	<del>402.5</del>	105.0	105.0 [8]	3	55.725075	47
-	LEANNE RICHARDS	1988	GBR	27	82.35	0.526225	<del>442.5</del>	<del>442.5</del>	<del>442.5</del>	-	-	-	-
Open - 84+Kg													
1	KATRINA SWEATMAN	1985	GBR	34	134.86	0.465068	225.0	237.5	<del>250.0</del>	237.5 [1]	12	110.453650	2 <u>W</u>
2	HILDEBORG HUGDAL	1983	NOR	35	121.89	0.471989	<del>235.0</del>	235.0	<del>244.0</del>	235.0 [2]	9	110.917415	1 <u>W</u>
3	MATILDA HJALLE	1991	SWE	36	103.16	0.488830	200.0	210.0	<del>220.0</del>	210.0 [3]	8	102.654300	6
4	MARIA KAMP JENSEN	1985	DEN	32	105.36	0.486264	200.0	210.0	<del>220.0</del>	210.0 [4]	7	102.115440	9
5	KATIE FISCHER	1993	USA	33	114.01	0.477834	130.0	137.5	<del>445.0</del>	137.5 [5]	6	65.702175	41
6	LIINA REIMANN	1994	EST	37	122.86	0.471367	105.0	117.5	125.0	125.0 [6]	5	58.920875	46

#### Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	HILDEBORG HUGDAL	NOR	84+kg	121.89	0.471989	235.0	110.917415
2	KATRINA SWEATMAN	GBR	84+kg	134.86	0.465068	237.5	110.453650
3	AIRI SAKAGUCHI	JPN	84kg	83.07	0.524389	200.0	104.877800

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
1	JAPAN	54	12+12+12+9+9	502.591095
2	GREAT BRITAIN	47	12+12+9+7+7	474.014203
3	SWEDEN	39	12+8+8+6+5	432.224925
4	NORWAY	36	12+9+8+7	390.902473
5	UKRAINE	36	9+9+8+6+4	422.458753
6	GERMANY	17	12+5	159.450850
7	DENMARK	16	9+7	196.279180
8	POLAND	15	8+7	160.513758
9	ESTONIA	13	8+5	150.797835
10	FINLAND	12	6+6	163.369626
11	CZECHIA	10	7+3	155.124880
12	LUXEMBOURG	9	9	99.482100
13	AUSTRIA	8	8	92.122658
14	CANADA	6	6	79.547580
15	UNITED STATES OF AMERICA	6	6	65.702175
16	ICELAND	5	5	76.153050
17	MEXICO	4	4	63.907560
18	AUSTRALIA	4	4	63.580050

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Sub Junior - 43kg													
1	MARIIA POSTUPAILO	2009	UKR	1	42.03	0.847940	75.0	85.0 ws	<del>90.0</del>	85.0 [1]	12	72.074900	3 <u>☺</u>
Sub Junior - 47kg													
1	YULIIA URBERH	2008	UKR	2	46.63	0.763000	75.0	87.5	<del>94.0</del>	87.5 [1]	12	66.762500	6
-	SOFIIA SHEVCHUK	2008	UKR	3	46.10	0.771380	<del>85.0</del>	<del>85.0</del>	<del>85.0</del>	-	-	-	-
Sub Junior - 52kg													
1	JULIA ZYSKOWSKA	2009	POL	5	51.95	0.693527	<del>72.5</del>	75.0	80.0	80.0 [1]	12	55.482160	11
2	ZUZANNA ZNOJEK	2008	POL	4	50.22	0.713551	70.0	<del>77.5</del>	77.5	77.5 [2]	9	55.300203	12
3	SOFIIA KOLCHAK	2009	UKR	6	48.96	0.729582	70.0	<del>75.0</del>	<del>75.0</del>	70.0 [3]	8	51.070740	14
Sub Junior - 57kg													
1	JENNA TARVAINEN	2008	FIN	10	56.73	0.647842	90.0	95.0	<del>100.0</del>	95.0 [1]	12	61.544990	9
2	KIRA OSTRYNSKA	2009	UKR	8	56.92	0.646270	<del>85.0</del>	85.0	<del>97.5</del>	85.0 [2]	9	54.932950	13
3	CAYLEE NAVAS	2008	USA	7	55.90	0.654905	72.5	75.0	77.5	77.5 [3]	8	50.755138	15
Sub Junior - 63kg													
1	EMMA HERMINE OLSEN	2008	NOR	13	58.71	0.632232	<del>117.5</del>	117.5	<del>122.5</del>	117.5 [1]	12	74.287260	2 <u>☺</u>
2	ANNA FRYTSKA	2010	UKR	11	62.32	0.607632	95.0	102.5	<del>110.0</del>	102.5 [2]	9	62.282280	8
3	MARIA GORYNIAK	2011	POL	12	61.41	0.613412	55.0	57.5	62.5	62.5 [3]	8	38.338250	17

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Sub Junior - 69kg</b>													
1	ANASTASIIA OLENTYR	2008	UKR	17	63.88	0.598311	<del>430.0</del>	<del>430.0</del>	130.0	130.0 [1]	12	77.780430	1 
2	ESSI NARVA	2009	FIN	16	67.83	0.577611	110.0	120.0	<del>432.5</del>	120.0 [2]	9	69.313320	4
<b>Sub Junior - 76kg</b>													
1	MARJANA BELJAKOVA	2008	EST	19	75.06	0.548116	100.0	110.0	117.5	117.5 [1]	12	64.403630	7
2	MISSALYN SWENSON	2010	USA	18	73.80	0.552613	70.0	75.0	80.0	80.0 [2]	9	44.209040	16
3	ALINA STELMAKH	2010	UKR	20	73.52	0.553645	45.0	65.0	<del>77.5</del>	65.0 [3]	8	35.986925	18
<b>Sub Junior - 84+Kg</b>													
1	KIRKE PRII	2008	EST	15	92.94	0.503701	120.0	130.0	137.5	137.5 [1]	12	69.258888	5
2	ANASTASIIA ONOSHKO	2010	UKR	14	105.57	0.486029	95.0	110.0	120.0	120.0 [2]	9	58.323480	10

#### Best Lifter - Sub Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	ANASTASIIA OLENTYR	UKR	69kg	63.88	0.598311	130.0	77.780430
2	EMMA HERMINE OLSEN	NOR	63kg	58.71	0.632232	117.5	74.287260
3	MARIIA POSTUPAILO	UKR	43kg	42.03	0.847940	85.0	72.074900

#### Team Championship - Sub Junior

Place	Team	Points	Best Points	IPF GL Points
1	UKRAINE	54	12+12+12+9+9	337.223590
2	POLAND	29	12+9+8	149.120613
3	ESTONIA	24	12+12	133.662518
4	FINLAND	21	12+9	130.858310
5	UNITED STATES OF AMERICA	17	9+8	94.964178
6	NORWAY	12	12	74.287260


Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Junior - 43kg</b>													
1	ALINA RUZHYNSKA	2005	UKR	1	42.20	0.844236	37.5	<del>45.0</del>	<del>45.0</del>	37.5 [1]	12	31.658850	33
<b>Junior - 47kg</b>													
1	OKSANA HERASYMENKO	2007	UKR	2	46.70	0.761916	52.5	<del>57.5</del>	<del>60.0</del>	52.5 [1]	12	40.000590	32
<b>Junior - 52kg</b>													
1	YURINA YUNOKI	2003	JPN	7	50.00	0.716257	97.5	<del>405.0</del>	107.5	107.5 [1]	12	76.997628	4
2	YEVHENIIA HEVKO	2006	UKR	5	51.14	0.702635	102.5	<del>407.5</del>	<del>407.5</del>	102.5 [2]	9	72.020088	6
3	MYROSLAVA KOSHELYK	2003	UKR	4	51.30	0.700799	97.5	102.5	<del>405.0</del>	102.5 [3]	8	71.831898	8
4	ELSA BERN	2006	SWE	6	50.62	0.708727	95.0	<del>402.5</del>	<del>402.5</del>	95.0 [4]	7	67.329065	18
5	NATALIA WASILEWSKA	2003	POL	3	51.95	0.693527	60.0	77.5	<del>82.5</del>	77.5 [5]	6	53.748343	27

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Junior - 57kg</b>													
1	MARTYNA JANASZEK	2005	POL	10	55.97	0.654297	100.0	107.5	110.0	110.0 [1]	12	71.972670	7
2	AMELIA DEUTSCH	2007	POL	13	56.44	0.650273	107.5	110.0	<del>442.5</del>	110.0 [2]	9	71.530030	9
3	SOFIIA BZDYR	2003	UKR	12	56.24	0.651972	85.0	90.0	<del>92.5</del>	90.0 [3]	8	58.677480	23
4	NARANZAYA NYAMDASH	2003	MGL	11	56.34	0.651120	90.0	<del>400.0</del>	<del>400.0</del>	90.0 [4]	7	58.600800	25
5	MACAYLA CANO	2007	USA	9	56.59	0.649011	40.0	45.0	<del>85.0</del>	45.0 [5]	6	29.205495	34
-	AYUKA SUZUKI	2004	JPN	8	56.56	0.649262	<del>85.0</del>	<del>85.0</del>	<del>95.0</del>	-	-	-	-
<b>Junior - 63kg</b>													
1	EERIKA PALOSAARI	2005	FIN	17	62.49	0.606581	130.0	140.0	<del>450.0</del>	140.0 [1]	12	84.921340	1 <u>☺</u>
2	VIKTORIIA VELYKOPOLSKA	2004	UKR	16	61.10	0.615442	110.0	115.0	<del>447.5</del>	115.0 [2]	9	70.775830	11
3	WIKTORIA DANKOWSKA	2004	POL	15	61.66	0.611798	110.0	115.0	<del>420.0</del>	115.0 [3]	8	70.356770	13
4	DARIA FRACKOWIAK	2003	POL	14	59.93	0.623401	100.0	<del>440.0</del>	<del>445.0</del>	100.0 [4]	7	62.340100	20
5	VIOLET CLARKE-WALLER	2007	GBR	18	61.12	0.615311	75.0	82.5	90.0	90.0 [5]	6	55.377990	26
<b>Junior - 69kg</b>													
1	BARBORA TROCHOVA	2006	CZE	30	65.61	0.588768	110.0	115.0	117.5	117.5 [1]	12	69.180240	14
2	YUI KOIZUMI	2004	JPN	28	65.19	0.591013	97.5	102.5	115.0	115.0 [2]	9	67.966495	17
3	REHINA FURSENKO	2006	UKR	27	64.89	0.592644	92.5	100.0	<del>405.0</del>	100.0 [3]	8	59.264400	22
4	SANDRA DZIEZOK	2007	POL	29	63.36	0.601339	<del>95.0</del>	97.5	<del>402.5</del>	97.5 [4]	7	58.630553	24
5	BETH WHITNEY	2007	USA	31	67.67	0.578377	80.0	90.0	<del>402.5</del>	90.0 [5]	6	52.053930	29
<b>Junior - 76kg</b>													
1	DESIREE SCHOEPF	2003	AUT	32	71.36	0.562042	<del>440.0</del>	140.0	145.0	145.0 [1]	12	81.496090	3 <u>☺</u>
2	ELIISE MIKOMAGI	2003	EST	34	75.43	0.546841	130.0	135.0	<del>447.5</del>	135.0 [2]	9	73.823535	5
3	ANASTASIIA PASHKO	2003	POL	35	70.33	0.566334	<del>425.0</del>	125.0	<del>435.0</del>	125.0 [3]	8	70.791750	10
4	JULIA BUBROWSKA	2006	POL	33	70.77	0.564477	105.0	110.0	<del>427.5</del>	110.0 [4]	7	62.092470	21
5	GABRIELLA CRUBAUGH	2007	USA	36	74.74	0.549236	77.5	87.5	95.0	95.0 [5]	6	52.177420	28
<b>Junior - 84kg</b>													
1	LEONIE KOEHLER	2005	GER	20	83.54	0.523219	130.0	<del>435.0</del>	135.0	135.0 [1]	12	70.634565	12
2	ALINA NIKOHOSIAN	2005	UKR	21	80.70	0.530632	<del>422.5</del>	122.5	130.0	130.0 [2]	9	68.982160	15
3	KATIE TATUM	2006	GBR	19	80.16	0.532139	120.0	<del>427.5</del>	<del>430.0</del>	120.0 [3]	8	63.856680	19
4	ELLA BRINCAT-SMITH	2005	GBR	22	80.39	0.531493	90.0	<del>92.5</del>	<del>92.5</del>	90.0 [4]	7	47.834370	31
-	PAULA NITZ	2003	AUT	23	76.34	0.543786	<del>460.0</del>	<del>462.5</del>	<del>462.5</del>	-	-	-	-
<b>Junior - 84+Kg</b>													
1	SARAH ROSAASEN	2003	NOR	26	101.70	0.490643	155.0	162.5	167.5	167.5 [1]	12	82.182703	2 <u>☺</u>
2	JUSTYNA PIETRYKOWSKA	2005	POL	25	97.85	0.495889	82.5	137.5	<del>462.5</del>	137.5 [2]	9	68.184738	16
3	ALISSA SAUNDERS	2003	USA	24	85.26	0.519111	87.5	92.5	<del>402.5</del>	92.5 [3]	8	48.017768	30

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	EERIKA PALOSAARI	FIN	63kg	62.49	0.606581	140.0	84.921340
2	SARAH ROSAASEN	NOR	84+kg	101.70	0.490643	167.5	82.182703
3	DESIREE SCHOEPF	AUT	76kg	71.36	0.562042	145.0	81.496090

Team Championship - Junior				
Place	Team	Points	Best Points	IPF GL Points
1	UKRAINE	51	12+12+9+9+9	283.437518
2	POLAND	46	12+9+9+8+8	352.835958
3	UNITED STATES OF AMERICA	26	8+6+6+6	181.454613
4	JAPAN	21	12+9	144.964123
5	GREAT BRITAIN	21	8+7+6	167.069040
6	FINLAND	12	12	84.921340
7	NORWAY	12	12	82.182703
8	AUSTRIA	12	12	81.496090
9	GERMANY	12	12	70.634565
10	CZECHIA	12	12	69.180240
11	ESTONIA	9	9	73.823535
12	SWEDEN	7	7	67.329065
13	MONGOLIA	7	7	58.600800

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 1 - 47kg													
1	MIKI KOSEKI	1984	JPN	1	46.09	0.771541	70.0	80.0	<del>85.0</del>	80.0 [1]	12	61.723280	13
Master 1 - 52kg													
1	JESSICA REYES	1983	MEX	3	51.92	0.693856	95.0	100.0	107.5	107.5 [1]	12	74.589520	4
2	ANNA GREZZY LINDQVIST	1986	SWE	2	49.44	0.723320	67.5	80.0	<del>87.5</del>	80.0 [2]	9	57.865600	21
Master 1 - 57kg													
1	MAI UEHARA	1982	JPN	5	56.47	0.650020	<del>92.5</del>	92.5	<del>442.5</del>	92.5 [1]	12	60.126850	18
2	KATE CLARKE	1983	GBR	4	55.46	0.658784	75.0	<del>82.5</del>	82.5	82.5 [2]	9	54.349680	23
Master 1 - 63kg													
1	MARIA FRANK	1984	CAN	8	57.56	0.641094	115.0	122.5	<del>430.0</del>	122.5 [1]	12	78.534015	3 <u>☺</u>
2	MIZUKI ABE	1977	JPN	9	62.26	0.608005	90.0	95.0	<del>400.0</del>	95.0 [2]	9	57.760475	22
3	AGATA NIEWDANA	1978	POL	7	62.63	0.605723	80.0	82.5	85.0	85.0 [3]	8	51.486455	25
4	AMBER HINCHELWOOD	1978	GBR	6	62.45	0.606828	72.5	<del>77.5</del>	82.5	82.5 [4]	7	50.063310	26
Master 1 - 69kg													
1	PAMELA HODDER	1981	CAN	23	66.06	0.586412	<del>435.0</del>	<del>435.0</del>	135.0	135.0 [1]	12	79.165620	2 <u>☺</u>

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
2	DELYTH JONES	1982	GBR	24	67.02	0.581549	112.5	117.5	122.5	122.5 [2]	9	71.239753	6
3	NORUNN NIELSEN HOLMVIK	1983	NOR	20	64.81	0.593083	115.0	<del>420.0</del>	120.0	120.0 [3]	8	71.169960	7
4	KATHRINE BAK	1981	DEN	25	67.16	0.580858	115.0	<del>420.0</del>	120.0	120.0 [4]	7	69.702960	8
5	CLARE CONWAY	1978	GBR	22	66.98	0.581747	90.0	95.0	100.0	100.0 [5]	6	58.174700	20
6	ROSINA POLSTER	1984	GER	21	68.39	0.574973	90.0	<del>95.0</del>	<del>97.5</del>	90.0 [6]	5	51.747570	24
<b>Master 1 - 76kg</b>													
1	IOLANDA COSTA ZOLYOME	1977	BRA	26	74.47	0.550192	125.0	130.0	<del>437.5</del>	130.0 [1]	12	71.524960	5
2	JUDITH ORTMANN	1980	GER	27	75.47	0.546704	107.5	115.0	122.5	122.5 [2]	9	66.971240	12
3	DANIELLE TODMAN	1984	ISV	28	74.51	0.550050	100.0	107.5	<del>445.0</del>	107.5 [3]	8	59.130375	19
<b>Master 1 - 84kg</b>													
1	TIINA LEPPAAHO	1983	FIN	15	82.65	0.525454	127.5	130.0	132.5	132.5 [1]	12	69.622655	9
2	MORGAN HAUPT	1979	CAN	13	83.33	0.523739	122.5	<del>430.0</del>	132.5	132.5 [2]	9	69.395418	11
3	TETIANA SHAVIDZE	1977	UKR	14	78.86	0.535901	100.0	<del>445.0</del>	115.0	115.0 [3]	8	61.628615	14
4	MANUELA HAUSS	1980	GER	11	79.45	0.534169	115.0	<del>422.5</del>	<del>422.5</del>	115.0 [4]	7	61.429435	15
5	CAROLINE BUCKLE	1979	GBR	10	82.20	0.526614	<del>445.0</del>	115.0	<del>425.0</del>	115.0 [5]	6	60.560610	17
6	RACHAEL HORTON	1984	GBR	12	82.90	0.524818	60.0	<del>65.0</del>	<del>65.0</del>	60.0 [6]	5	31.489080	27
<b>Master 1 - 84+Kg</b>													
1	HELENA REHNBERG	1979	FIN	17	158.99	0.457719	170.0	175.0	180.0	180.0 [1]	12	82.389420	1 
2	SARAH KNIGHT	1984	GBR	19	97.42	0.496519	140.0	<del>445.0</del>	<del>445.0</del>	140.0 [2]	9	69.512660	10
3	JODIE HALL	1979	GBR	16	90.45	0.508225	115.0	120.0	<del>432.5</del>	120.0 [3]	8	60.987000	16
-	NICOLE ROSS	1984	CAN	18	147.18	0.460646	<del>427.5</del>	<del>430.0</del>	<del>432.5</del>	-	-	-	-

#### Best Lifter - Master 1

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	HELENA REHNBERG	FIN	84+kg	158.99	0.457719	180.0	82.389420
2	PAMELA HODDER	CAN	69kg	66.06	0.586412	135.0	79.165620
3	MARIA FRANK	CAN	63kg	57.56	0.641094	122.5	78.534015

#### Team Championship - Master 1

Place	Team	Points	Best Points	IPF GL Points
1	GREAT BRITAIN	42	9+9+9+8+7	306.152403
2	CANADA	33	12+12+9	227.095053
3	JAPAN	33	12+12+9	179.610605
4	FINLAND	24	12+12	152.012075
5	GERMANY	21	9+7+5	180.148245
6	MEXICO	12	12	74.589520
7	BRAZIL	12	12	71.524960

Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
8	SWEDEN	9	9	57.865600
9	NORWAY	8	8	71.169960
10	UKRAINE	8	8	61.628615
11	UNITED STATES VIRGIN ISLANDS	8	8	59.130375
12	POLAND	8	8	51.486455
13	DENMARK	7	7	69.702960

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 2 - 47kg</b>													
1	TOMOKO MIYAMOTO	1967	JPN	1	46.45	0.765811	80.0	85.0	<del>90.0</del>	85.0 [1]	12	65.093935	9
2	SACHIKO MASUYAMA	1975	JPN	2	46.45	0.765811	25.0	-	X	25.0 [2]	9	19.145275	34
<b>Master 2 - 52kg</b>													
1	SACHIKO IWAMOTO	1973	JPN	8	51.45	0.699095	95.0	105.0	112.5	112.5 [1]	12	78.648188	2
2	JADWIGA RADWANSKA	1975	POL	7	51.71	0.696178	82.5	85.0	87.5	87.5 [2]	9	60.915575	14
3	GERALDINE VERLAINE	1970	FRA	5	51.28	0.701028	77.5	80.0	<del>82.5</del>	80.0 [3]	8	56.082240	23
4	MIKAKO FUJIYAMA	1970	JPN	6	51.28	0.701028	65.0	72.5	<del>80.0</del>	72.5 [4]	7	50.824530	26
5	ANGEL YAU-VANDENBURG	1972	CAN	3	51.01	0.704139	70.0	<del>75.0</del>	<del>80.0</del>	70.0 [5]	6	49.289730	28
6	VIJAYAM KARTHIYAYINI AMMA	1970	IND	4	49.99	0.716381	50.0	55.0	<del>60.0</del>	55.0 [6]	5	39.400955	33
<b>Master 2 - 57kg</b>													
1	HELEN HUGHES	1976	GBR	9	56.41	0.650527	105.0	112.5	117.5	117.5 [1]	12	76.436923	3
2	NANAE YOSHINAGA	1973	JPN	10	55.94	0.654557	<del>90.0</del>	90.0	<del>442.5</del>	90.0 [2]	9	58.910130	18
3	TORILL FONN	1967	SWE	12	56.30	0.651461	87.5	<del>92.5</del>	<del>92.5</del>	87.5 [3]	8	57.002838	22
4	MERVI SIRKIA	1972	FIN	11	53.11	0.681242	75.0	80.0	<del>87.5</del>	80.0 [4]	7	54.499360	25
<b>Master 2 - 63kg</b>													
1	RIE MORIKAWA	1975	JPN	13	61.57	0.612377	130.0	<del>435.0</del>	135.0	135.0 [1]	12	82.670895	1
2	ANETTE HEIMSTAD-AASBO	1974	NOR	14	61.17	0.614981	105.0	110.0	115.0	115.0 [2]	9	70.722815	5
3	NAOMI KANAGAWA	1969	JPN	15	62.25	0.608068	95.0	100.0	<del>442.5</del>	100.0 [3]	8	60.806800	15
4	MELISA MEUNIER	1975	FRA	16	61.66	0.611798	82.5	<del>87.5</del>	<del>87.5</del>	82.5 [4]	7	50.473335	27
<b>Master 2 - 69kg</b>													
1	WENDIE KIRKLAND	1972	GBR	28	68.18	0.575954	105.0	107.5	112.5	112.5 [1]	12	64.794825	10
2	SANNA JOUTSELA	1973	FIN	26	67.46	0.579391	102.5	105.0	110.0	110.0 [2]	9	63.733010	11
3	AMY SUZAN	1976	ISV	29	67.78	0.577850	<del>400.0</del>	100.0	<del>402.5</del>	100.0 [3]	8	57.785000	21
4	RACHEL SPRAGG	1970	GBR	27	68.16	0.576048	85.0	<del>95.0</del>	<del>402.5</del>	85.0 [4]	7	48.964080	30
<b>Master 2 - 76kg</b>													
1	MIYUKI SAKURAI	1969	JPN	33	73.43	0.553980	110.0	112.5	120.0	120.0 [1]	12	66.477600	7
2	JILLIAN SPROUL	1972	CAN	30	74.75	0.549201	107.5	112.5	120.0	120.0 [2]	9	65.904120	8
3	FLORENCE LECCESE	1969	FRA	31	70.43	0.565909	97.5	<del>402.5</del>	102.5	102.5 [3]	8	58.005673	20

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
4	HEIDI SIGHOVD	1971	NOR	34	74.87	0.548779	100.0	407.5	407.5	100.0 [4]	7	54.877900	24
5	SWEETY SHARMA	1973	IND	32	75.33	0.547183	80.0	90.0	402.5	90.0 [5]	6	49.246470	29
<b>Master 2 - 84kg</b>													
1	PERNILLA ROHR	1972	SWE	19	83.29	0.523839	135.0	140.0	455.5	140.0 [1]	12	73.337460	4
2	JOANNA LINNA	1974	FIN	17	82.82	0.525021	117.5	435.0	440.0	117.5 [2]	9	61.689968	12
3	EMMA KEHOE	1972	GBR	18	76.77	0.542382	100.0	107.5	112.5	112.5 [3]	8	61.017975	13
4	GEORGINA PALMER	1975	GBR	20	76.66	0.542739	92.5	97.5	107.5	107.5 [4]	7	58.344443	19
<b>Master 2 - 84+Kg</b>													
1	GUDNY ASTA SNORRADOTTIR	1973	ISL	24	111.55	0.479990	135.0	442.5	145.0	145.0 [1]	12	69.598550	6
2	ANGELA LAUDER	1970	GBR	25	96.91	0.497280	107.5	115.0	120.0	120.0 [2]	9	59.673600	16
3	ASA PENNEBRATT	1967	SWE	21	99.82	0.493117	120.0	422.5	422.5	120.0 [3]	8	59.174040	17
4	AIRE OOLUP	1975	EST	22	102.31	0.489875	90.0	97.5	400.0	90.0 [4]	7	44.088750	31
5	DENISE WESTBROOK	1973	GBR	23	92.18	0.505039	85.0	90.0	90.0	85.0 [5]	6	42.928315	32

#### Best Lifter - Master 2

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	RIE MORIKAWA	JPN	63kg	61.57	0.612377	135.0	82.670895
2	SACHIKO IWAMOTO	JPN	52kg	51.45	0.699095	112.5	78.648188
3	HELEN HUGHES	GBR	57kg	56.41	0.650527	117.5	76.436923

#### Team Championship - Master 2

Place	Team	Points	Best Points	IPF GL Points
1	JAPAN	57	12+12+12+12+9	351.800748
2	GREAT BRITAIN	48	12+12+9+8+7	320.267766
3	SWEDEN	28	12+8+8	189.514338
4	FINLAND	25	9+9+7	179.922338
5	FRANCE	23	8+8+7	164.561248
6	NORWAY	16	9+7	125.600715
7	CANADA	15	9+6	115.193850
8	ICELAND	12	12	69.598550
9	INDIA	11	6+5	88.647425
10	POLAND	9	9	60.915575
11	UNITED STATES VIRGIN ISLANDS	8	8	57.785000
12	ESTONIA	7	7	44.088750

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 3 - 52kg</b>													

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
1	VACLAVA ZODEREROVA	1961	CZE	2	51.38	0.699888	42.5	45.0	<del>47.5</del>	45.0 [1]	12	31.494960	13
<b>Master 3 - 57kg</b>													
1	AUDHILD MATHIESEN	1957	NOR	6	56.73	0.647842	82.5	87.5	<del>92.5</del>	87.5 [1]	12	56.686175	4
2	HISAKO ANDO	1965	JPN	5	56.16	0.652658	85.0	<del>87.5</del>	<del>87.5</del>	85.0 [2]	9	55.475930	6
<b>Master 3 - 63kg</b>													
1	RITA SHERGOLD	1965	GBR	8	62.89	0.604143	92.5	97.5	<del>400.0</del>	97.5 [1]	12	58.903943	3 <u>☞</u>
2	SOCORRO PEREZ	1959	MEX	9	59.80	0.624316	90.0	<del>95.0</del>	<del>97.5</del>	90.0 [2]	9	56.188440	5
<b>Master 3 - 69kg</b>													
1	SEIJA SKOGMAN	1965	FIN	14	67.29	0.580220	90.0	92.5	<del>97.5</del>	92.5 [1]	12	53.670350	7
2	JONI MACH	1965	USA	15	68.09	0.576378	62.5	67.5	<del>75.0</del>	67.5 [2]	9	38.905515	12
<b>Master 3 - 76kg</b>													
1	MAUREEN GORDON	1964	GBR	18	74.61	0.549695	<del>425.0</del>	125.0	133.0 w3	133.0 [1]	12	73.109435	1 <u>☞</u>
2	GIEDRE VIDZIUNIENE	1966	LTU	17	75.00	0.548325	70.0	75.0	80.0	80.0 [2]	9	43.866000	8
<b>Master 3 - 84kg</b>													
1	URSULA FORYS	1965	POL	12	80.22	0.531970	<del>440.0</del>	110.0	112.5	112.5 [1]	12	59.846625	2 <u>☞</u>
2	MELISSA WALL	1966	GBR	11	78.94	0.535664	72.5	77.5	80.0	80.0 [2]	9	42.853120	10
3	ERZSEBET SCHNEIDER	1965	HUN	10	80.51	0.531159	80.0	<del>85.0</del>	<del>85.0</del>	80.0 [3]	8	42.492720	11
<b>Master 3 - 84+Kg</b>													
1	KATARINA BEREMARK	1964	SWE	13	106.02	0.485531	90.0	<del>420.0</del>	<del>420.0</del>	90.0 [1]	12	43.697790	9

#### Best Lifter - Master 3

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MAUREEN GORDON	GBR	76kg	74.61	0.549695	133.0	73.109435
2	URSULA FORYS	POL	84kg	80.22	0.531970	112.5	59.846625
3	RITA SHERGOLD	GBR	63kg	62.89	0.604143	97.5	58.903943

#### Team Championship - Master 3

Place	Team	Points	Best Points	IPF GL Points
1	GREAT BRITAIN	33	12+12+9	174.866498
2	POLAND	12	12	59.846625
3	NORWAY	12	12	56.686175
4	FINLAND	12	12	53.670350
5	SWEDEN	12	12	43.697790
6	CZECHIA	12	12	31.494960
7	MEXICO	9	9	56.188440
8	JAPAN	9	9	55.475930
9	LITHUANIA	9	9	43.866000

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
10	UNITED STATES OF AMERICA	9	9	38.905515
11	HUNGARY	8	8	42.492720

Place	Name	YOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 4 - 52kg													
1	SUZUKO FUKUDA	1953	JPN	1	50.63	0.708608	60.0	67.5 w4	<del>68.5</del>	67.5 [1]	12	47.831040	1 🏆
Master 4 - 57kg													
1	BRITTEN FERNSTROM	1949	SWE	4	56.16	0.652658	65.0	67.5	70.0	70.0 [1]	12	45.686060	2 🏆
2	NORIKO IIDA	1936	JPN	3	53.51	0.677199	45.0	50.0	52.5	52.5 [2]	9	35.552948	4
Master 4 - 63kg													
1	EVELYNE HERBIN	1956	FRA	7	61.28	0.614260	60.0	65.0	70.0	70.0 [1]	12	42.998200	3 🏆
Master 4 - 76kg													
-	CHIYOMI SAWA	1949	JPN	16	73.11	0.555180	<del>90.0</del>	<del>90.0</del>	<del>90.0</del>	-	-	-	-

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	SUZUKO FUKUDA	JPN	52kg	50.63	0.708608	67.5	47.831040
2	BRITTEN FERNSTROM	SWE	57kg	56.16	0.652658	70.0	45.686060
3	EVELYNE HERBIN	FRA	63kg	61.28	0.614260	70.0	42.998200

Team Championship - Master 4				
Place	Team	Points	Best Points	IPF GL Points
1	JAPAN	21	12+9	83.383988
2	SWEDEN	12	12	45.686060
3	FRANCE	12	12	42.998200

### List of Records

#	Name	YOB	Sex	Team	Bd. Wt.	Division	Wt. Class	Event	Result	Date
1	Suzuko FUKUDA	1953	Women	JPN	50.63	Master 4	52kg	Bench Press (Single Lift)	67.5	29-05-2026
2	Maureen GORDON	1964	Women	GBR	74.61	Master 3	76kg	Bench Press (Single Lift)	133.0	29-05-2026
3	Mariia POSTUPAILO	2009	Women	UKR	42.03	Sub Junior	43kg	Bench Press (Single Lift)	85.0	30-05-2026

Abbreviations:

ARM = Armenia    AUS = Australia    AUT = Austria    BRA = Brazil    CAN = Canada    CZE = Czechia    DEN = Denmark    EST = Estonia    FIN =  
Finland    FRA = France    GER = Germany    GBR = Great Britain    HUN = Hungary    ISL = Iceland    IND = India    JPN = Japan    LTU = Lithuania    LUX =  
Luxembourg    MEX = Mexico    MGL = Mongolia    NOR = Norway    POL = Poland    SWE = Sweden    UKR = Ukraine    USA = United States of  
America    ISV = United States Virgin Islands