



# EUROPEAN POWERLIFTING FEDERATION

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## Invitation

The European Powerlifting Federation

and

the Czech Powerlifting Federation

invite

the EPF member nations to participate in the

**European Masters Powerlifting Championships 2014**

**in Pilsen, Czech Republic**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

**Organizers:** E-MOTION s.r.o, TAURUS s.r.o.

**Meet director:** Vladimír Mati, Liskovecka 2510, 738 01 Frydek-Místek  
Czech Republic, e-mail: [vmati@shp.cz](mailto:vmati@shp.cz)

**Visa requests:** Lenka Cernikova, e-mail: [cpf@powerlifting.cz](mailto:cpf@powerlifting.cz)

**Accommodation, transport:** Marketa Weiningerova, e-mail: [europowerlifting@centrum.cz](mailto:europowerlifting@centrum.cz)

**EPF Championship secretary:**

Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic  
tel.: +420 739 405689, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Host city :** Pilsen, Czech Republic

**Date:** 8th – 12th July 2014

**Venue:** Parkhotel Congress Center Plzeň, U Borského Parku 31, 320 04 Plzeň

**Technical meeting:** Monday 7th July at Parkhotel Congress Center at 19:00

**Hotels:**

**1. Parkhotel Congress Center Plzen**

U Borskeho Parku 31, 320 04 Plzen, Czech Republic, [www.parkhotel-czech.eu](http://www.parkhotel-czech.eu)

Single room: 1.900,- CZK per person/night, including breakfast or 69 EUR (the exchange rate 31.12.2013)  
(only 50 single rooms are available at the hotel)

Double room: 1.180,- CZK per person/night, including breakfast or 43 EUR (the exchange rate 31.12.2013)

If Parkhotel is fully booked, organizer will offer participants alternative hotel.

**Note 1:**

All rooms must be booked at the latest with the deadline of the final nomination – **16th June 2014**.

**All athletes, coaches, referees and officials from each federation have to book their rooms by the organizer and have to stay in the official hotel during the championship.** If not, they have to pay an administration fee of €100 or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival at the Championship office.

Payable by :

1. credit card (+ 5% bank fee)
2. cash (CZK, EUR – according to the current Czech National Bank exchange rate)
3. Bank transfer to the following bank account:

**Bank account: 2500017385/5800**  
**SWIFT code BIC: JTBP CZ PP**  
**IBAN: CZ18 5800 0000 0025 0001 7385**  
**Bank address: J&T Banka, Pobrezni 14, 186 00 Praha 8**

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

**If you would like pay of the bank transfer the organizer will send the invoice with price (accomodation and transport) according to the current exchange rate (CZK / EUR).**

**Note 2:**

**30th June 2014** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms **or change in the number of ordered banquet tickets.**

If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form.

For referees is **30th June 2014** the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary. The referee's nomination is stated on EPF website on Referees/ Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

**Arrivals/Transportation:**

Transport from Prague airport to hotel in Pilsen

When arriving 1 person: 1500,-CZK per person/one way or 55 EUR (the exchange rate 31.12.2013)

When arriving 2 people: 750,-CZK per person/one way or 27 EUR (the exchange rate 31.12.2013)

When arriving 3 or more people: 600,-CZK per person/one way or 22 EUR (the exchange rate 31.12.2013)

Price of transport must be paid at arrival at the championships office. Any national team will not be accredited until the reserved transportation has been paid.

Please send therefore your detailed travel itinerary to Marketa Weiningerova, so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

**Scales:** Scales available at venue and at the hotel.

**Training:** **One training platform with approved powerlifting equipment and with max 325 kg will be available on competition days (exact times to be announced at the Technical meeting).**

**This training platform can be used by accredited lifters only.**

**Medals:** **Also Men 70 years (i.e. Master IV) of age, to receive medals for placing 1st, 2nd and 3rd in their weight classes, and Women both 60 years (i.e. Master III) and 70 years (i.e. Master IV) of age, to receive medals for placing 1st, 2nd and 3rd in their weight classes in each age category. Only award for Nation competition by Team points isn't available for these age categories now.**

**Flag and anthem:** Will be provided by the organizer

**Opening ceremony:** Tuesday, 8th July at 15:00 at Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Closing banquet:** Saturday 12th July at 19:00 at Parkhotel. Price 30 € per person paid to the organizer.

**The number of banquet tickets must be ordered at the Nomination form.**

**Participation fee:** 40 € for each lifter must be paid by bank transfer to the EPF bank

account before the Technical meeting.

- Anti-Doping fee:** 50 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.
- EPF Invoices:** EPF treasurer will send EPF invoices for both Antidoping and the Participation fees to all entered Federations 7 days before the Technical meeting.
- Nominations:** Team nomination forms must be in the hands of the Meet director and the EPF Championship secretary not later than:
- Preliminary:** **8th May 2014 complete filled all four parts in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.**
- Final:** **16th June 2014 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!!**

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referees participation.

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

- Correspondence:** E-mails regarding the championships must be sent to:  
Lenka Cernikova, e-mail: [cpf@powerlifting.cz](mailto:cpf@powerlifting.cz)  
and a copy  
to the EP Championship secretary:  
Jiri Hofirek, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Health insurance:** All participants must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

**Web site:** More information available at the special web site of the Championship:  
[www.powerlifting-czech.eu](http://www.powerlifting-czech.eu), [www.taurusagency.cz](http://www.taurusagency.cz)

**Web media:** [www.ronnie.cz](http://www.ronnie.cz), [www.svetkulturstiky.cz](http://www.svetkulturstiky.cz)

**Victory Ceremonies:** will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Important Note:** Changes of the timetable are possible by the amount of nominations at the Final nomination and at the Technical Meeting. It may happen that weight classes are changed to different days. So it is important for the athletes not to book arrivals/departures days very close to the competition days.

**Referees:** **All nominated referees attending a championship, must be available for at least two days!!!** (see: IPF Technical Rules, chapter – Referees, page 31, paragraph 17).

**Referees exam:** If referee examinations are arranged, the **written examinations for referees cat. 2 will be done on Tuesday morning**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Organizer will prepare a room for written examination.

## Final timetable

### European Masters Powerlifting Championships 2014

Opening ceremony: Tuesday, 8th July at 15:00 hours at venue

Day	Weigh-In time	Classes	Categories	Start	Number lifters in Final nomination	Supposed end of category
Tuesday 08.07.2014	08 :00 – 09 :30	Women MA 2,3,4 2 groups	-47 kg to +84 kg	10 :00	23	14:30
	13 :30 – 15 :00	Men MA 3	-59 kg to -83 kg	15 :30	21	22:00
	13 :30 – 15 :00	Men MA 4 3 groups	-59 kg to +120kg	15 :30	12	22:00

Wednesday 09.07.2014	09 :00 – 10 :30	Women MA 1 2 groups	-47 kg to +84 kg	11 :00	21	15:30
	14 :00 – 15 :30	Men MA 3 2 groups	-93 kg to +120 kg	16 :00	19	19:30

Thursday 10.07.2014	08 :00 – 09 :30	Men MA 2 2 groups	-59 kg to -74 kg	10 :00	17	13:30
	11 :00 – 13 :30	Men MA 2 2 groups	-83 kg to -93 kg	14 :00	17	17:30
	16 :00 – 17 :30	Men MA 2 2 groups	-105 kg to +120 kg	18 :00	18	21:30

Friday 11.07.2014	09 :00 – 10 :30	Men MA 1 2 groups	-59 kg to -83 kg	11 :00	23	16:00
	14 :30 – 16 :00	Men MA 1 2 groups	-93 kg to -105 kg	16 :30	18	20:00

Saturday 12.07.2014	09 :00 – 10 :30	Men MA 1 2 groups	-120 kg to +120 kg	11 :00	15	14:30
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Arnulf Wahlstrøm  
EPF President

Vladimir Mati  
Meet Director

Jiri Hofirek  
Championships Secretary EPF